

## *Anglo-Irish Province Congregation Retreat for Brothers*

*The first and principal duty of all religious is to be the contemplation of things divine and constant union with God in prayer....They are faithfully to observe the period of annual retreat.*

*(Code of Canon Law: Canon 663, #1 & #5).*

The CLT, in collaboration with the two Province Leadership Teams, have organised a retreat for the Anglo-Irish Province in November this year. The details of the retreat are as follows:

### **Anglo-Irish Province:**

Date: November 8 – 14, 2018  
Venue: Mount St. Anne's, Co. Laois  
Led By: Fr. Jim McManus, C.Ss.R  
Theme: "Spirituality in Later Life"

### *Daily Themes of the retreat:*

Thursday, November 8 <sup>th</sup>	Living by God's Word not by some negative word
Friday, November 9 <sup>th</sup>	Embraced by the mercy of the compassionate Christ True self and false self
Saturday, November 10 <sup>th</sup>	Searching for serenity Sacrament of reconciliation
Sunday, November 11 <sup>th</sup>	Christ "binds up the broken heart": inner healing ministry Healing service
Monday, November 12 <sup>th</sup>	Becoming the Eucharist we celebrate: A spirituality of true self-esteem
Tuesday November 13 <sup>th</sup>	Be merciful as your heavenly Father, Our Blessed Mother's place in our life and spirituality
Wednesday, November 14 <sup>th</sup>	Eucharist, breakfast and departure

Day one: The white heat of the Father's love. Jesus the manifestation of this love.

Day two: Impediments to this love and how we heal them.

Day three: Our response to this love in celibacy and sexuality.

Day four: Living this love in community and as Brothers. Simplicity of life and accepting our role as co-responsible leaders.

Day Five: The challenges and pain of human living and the danger of compromise.

Day Six: Sustaining the life through prayer and with the help of Our Lady.

There will be two reflections each day. Fr. Mcmanus will use PowerPoint presentation and the slides will be made available to retreatants. He will be available throughout the retreat for the sacrament of reconciliation, consultation, prayer.

Fr. Mc Manus strongly suggests there be maintained an inner silence and stillness throughout the retreat days. This will be a way of supporting each other through contemplative silence.

**The journey will be paced and gentle, and Fr. Ronnie will be available for chats, reconciliation, advice and encouragement.**

Draft Timetable:

Thursday, November 8<sup>th</sup>:

4:00 pm Arrival  
6:00 pm Supper  
7:30 pm Opening session

Friday, November 30<sup>th</sup> – Wednesday, November 14<sup>th</sup>

8:30: Breakfast  
9:30: Centring prayer  
10:00: First session  
12:00: Eucharist  
13:00: Lunch

14:30-16:30: Available for individual consultation  
16:30: Second session  
18:00: Supper  
19:30: Adoration  
20:00-22:00: Available for individual consultation

*About Fr. Jim McManus, C.Ss.R:*

Fr. Jim McManus C.Ss.R is also a Redemptorist priest. He is a retreat preacher, an author and a lecturer. He is based in St. Mary's, Kinnoull, Scotland.