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'Time-Out'

A mini-retreat for busy people!

Take some 'time-out' from the stresses and demands of life.

A gentle time to nourish the inner life!

at Mount St. Joseph, Blarney Street, Cork on Sunday, 18th November 2018 2.30 – 5.30pm



The retreat will involve some input, quiet time and meditation. Come in comfortable clothes and enjoy! While we operate out of a Catholic Christian ethos, this retreat is open to people of all faiths and none, who desire some quiet space and reflective time. It will be led by Br. Martin Kenneally FPM.

The retreat is free but pre-booking is essential.

R.S.V.P.

If you wish to attend please email leafprojectpb@gmail.com
or text/phone 087-2260531

by Thursday 15 November

'Leading with Faith in the Future'

The L.E.A.F. Project is under the trusteeship of Presentation Brothers Trustees Br. Martin Kenneally (*Director*), Br. John Dorgbadzi (*Deputy Director*)